

**ST JAMES THE GREAT RC PRIMARY AND NURSERY SCHOOL
MENU**

(Our comprehensive Menu has been designed to meet nutritional guidelines for school meals)



W/C	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 3 rd Sept 24 th Sept 15 th Oct 12 th Nov 3 rd Dec 7 th Jan 28 th Jan 25 th Feb 18 th Mar 22 nd April 13 th May 10 th June 1 st July	Beefburger*, Cod Fish Fillet or Pork Sausage* with Oven Chips Selection of home-made Cookies Oatie Biscuits Choc Ice/Ice lolly Shortbread Fruit, Yoghurt	Meatballs in Gravy with Rice Tuna Pasta (V) Sweetcorn Salad Bar Jelly & Fruit Salad Fruit, Yoghurt Cheese & Crackers	Jerk Chicken Drumstick Couscous, Peas Pesto Pasta (V) Salad Bar Chocolate Sponge & Chocolate Sauce Fruit, Yoghurt Cheese & Crackers	Shepherd's Pie Chicken Fajita with Tortilla Fish Fingers & Mashed Potato Carrots Salad Bar Rice Pudding Gypsy Tart Fruit, Yoghurt Cheese & Crackers	Pizza Fish Cakes (V) Curly Fries Baked Beans Salad Bar Iced Sponge Cake Fruit
Week 2 10 th Sept 1 st Oct 29 th Oct 19 th Nov 10 th Dec 14 th Jan 4 th Feb 4 th Mar 25 th Mar 29 th April 20 th May 17 th June 8 th July	Beefburger*, Cod Fish Fillet or Pork Sausage* with Oven Chips Selection of home-made Cookies Oatie Biscuits Choc Ice/Ice lolly Shortbread Fruit, Yoghurt	Chicken Korma & Rice Chicken Tikka Masala Tomato and Basil Pasta (V) Sausage Roll Peas Salad Bar Vanilla Sponge & Custard Fruit, Yoghurt Cheese & Crackers	Spaghetti Bolognese Cheese Quiche (V) New Potatoes Broccoli Salad Bar Jelly Fruit, Yoghurt Cheese & Crackers	BBQ Chicken Drumstick Macaroni Cheese (V) Croquette Potatoes Green Beans Salad Bar Ice Cream Surprise Fruit, Yoghurt Cheese & Crackers	Pizza Vegetable Nuggets (V) Chips Sweetcorn Salad Bar Chocolate Sponge Iced Cake Fruit
Week 3 17 th Sept 8 th Oct 5 th Nov 26 th Nov 17 th Dec 21 st Jan 11 th Feb 11 th Mar 1 st April 6 th May 3 rd June 24 th June 15 th July	Beefburger*, Cod Fish Fillet or Pork Sausage* with Oven Chips Selection of home-made Cookies Oatie Biscuits Choc Ice/Ice lolly Shortbread Fruit, Yoghurt	Chilli Con Carne Fish Cakes Rice Mixed Vegetables Salad Bar Apple Crumble & Custard Fruit, Yoghurt Cheese & Crackers	Roast Chicken Breast with Roast Potatoes, Stuffing & Gravy Salmon Fillet (V) Peas Carrots Salad Bar Ice Cream & Wafers Fruit, Yoghurt Cheese & Crackers	Beef Lasagne Italian Meatballs & Rice Sweet & Sour Noodles (V) Sweetcorn Salad Bar Jam Tart & Custard Canadian Ginger Cake Fruit, Yoghurt Cheese & Crackers	Pizza Fish Fingers (V) Crispy Herb Diced Potato Baked Beans Salad Bar Vanilla Sponge with Sprinkles Fruit

No genetically modified (GM) ingredients are used on our menus.

Meals are freshly cooked daily with no added salt or fat. Vegetables, rice, pasta and potatoes are all steamed.

Meals are adapted as appropriate for children with specific dietary needs.

This menu will be reviewed on a termly basis.

Limited selection of cheese/ham/tuna rolls and jacket potatoes are available each day

Salad Bar

In-season produce including:

- Green Leaf
- Tomatoes
- Cucumbers
- Red Cabbage
- Beetroot
- Green and Black Olives
- Pickles
- Raisins and Seeds
- Selection of Breads

Menu Key

V = Vegetarian

* = Locally produced or school grown

